

# Lecture: Regret Policy Gradient

The Mathematical Bridge Between Actor-Critics and CFR  
CSCE 631 — Intelligent Agents: Computational Game Solving

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# Today's Learning Goals

**By the end of this lecture, you will understand:**

- ① Why standard policy gradients fail in adversarial games
- ② The mathematical relationship:  $q^\sigma(s, a) - v^\sigma(s) = \frac{r(s, a)}{B_{-i}(s)}$
- ③ How to derive RPG from this scaling relationship
- ④ Convergence guarantees in the tabular case
- ⑤ When and why RPG works in practice

**Core insight:** Actor-critic advantages are scaled counterfactual regrets [3]

## Part 1: The Problem

- Why policy gradients cycle in games

## Part 2: Mathematical Foundation

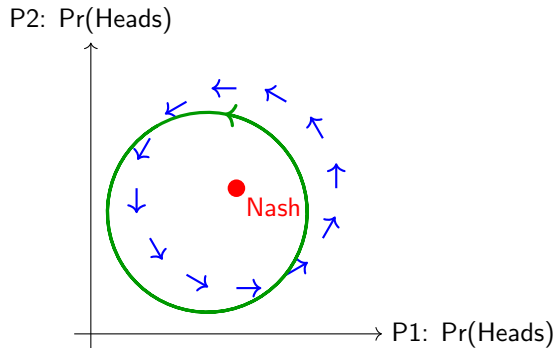
- Q-values vs. counterfactual values: full derivation
- The Bayes normalization constant  $B_{-i}(s)$
- Advantages as scaled regrets

## Part 3: RPG Algorithm

- Three variants: QPG, RPG, RMPG
- Convergence analysis (tabular case)
- Empirical results

# Quick Reminder: Policy Gradients Cycle

**Matching Pennies:** Nash equilibrium is (0.5, 0.5) mixed strategy



**Root cause:** Non-stationarity—each player's environment changes as opponents learn [3]

# What We Need: Regret Minimization

**CFR converges to Nash by minimizing counterfactual regret**

**Question:** Can we get Nash convergence with policy gradients?

**Answer:** Yes, if we connect actor-critic advantages to CFR regrets [3]

**This lecture shows how.**

# Notation Review

## Extensive-form game notation:

- $h \in H$ : history (ground-truth state)
- $s$ : information state (info set) for player  $i$
- $\sigma$ : policy/strategy profile
- $\pi^\sigma(h) = \prod_{t < |h|} \sigma(s_t, a_t)$ : reach probability under  $\sigma$
- $\pi_i^\sigma(h)$ : player  $i$ 's contribution to reach probability
- $\pi_{-i}^\sigma(h)$ : opponents' contribution (including chance)
- $\pi^\sigma(h) = \pi_i^\sigma(h) \cdot \pi_{-i}^\sigma(h)$

## Key property (perfect recall):

$$\forall h, h' \in s, \quad \pi_i^\sigma(h) = \pi_i^\sigma(h') =: \pi_i^\sigma(s)$$

All histories in the same info set have the same player  $i$  reach probability.

# CFR Counterfactual Value (Review)

## Definition:

$$v_i^c(\sigma, s, a) = \sum_{(h,z) \in Z(s,a)} \pi_{-i}^\sigma(h) \pi_i^\sigma(z) u_i(z)$$

where:

- $Z(s, a) = \{(h, z) \in H \times Z \mid h \in s, ha \sqsubseteq z\}$
- $z$ : terminal history
- $u_i(z)$ : utility at terminal

## Infoset value:

$$v_i^c(\sigma, s) = \sum_a \sigma(s, a) v_i^c(\sigma, s, a)$$

## Instantaneous regret:

$$r_i(\sigma, s, a) = v_i^c(\sigma, s, a) - v_i^c(\sigma, s)$$

# RL Q-Value Definition

## Standard Q-function:

$$q^{\sigma,i}(s, a) = \mathbb{E}_{\rho \sim \sigma}[G_t \mid S_t = s, A_t = a]$$

where  $G_t = \sum_{t'=t}^T r_{t'}$  is the return.

**Conditioning:** We condition on *having reached* state  $s$  and taking action  $a$ .

## Key difference from CFV:

- CFV conditions on player  $i$  *playing to reach*  $s$  and taking  $a$
- Q-value conditions on the *event* of reaching  $s$  (however it happened)



# The Scaling Relationship: Derivation (1/4)

**Goal:** Relate  $q^{\sigma,i}(s, a)$  to  $v_i^c(\sigma, s, a)$

**Start with Q-value definition:**

$$\begin{aligned} q^{\sigma,i}(s, a) &= \mathbb{E}_{\rho \sim \sigma}[G_{t,i} \mid S_t = s, A_t = a] \\ &= \sum_{h \in \mathcal{S}} \sum_{z \in Z(s,a)} \Pr(h \mid s) \pi^\sigma(ha, z) u_i(z) \end{aligned}$$

**Apply Bayes' rule:**

$$\Pr(h \mid s) = \frac{\Pr(h)}{\Pr(s)} = \frac{\Pr(h)}{\sum_{h' \in \mathcal{S}} \Pr(h')}$$

## The Scaling Relationship: Derivation (2/4)

**Substitute Bayes' rule:**

$$q^{\sigma,i}(s, a) = \sum_{h,z \in Z(s,a)} \frac{\Pr(h)}{\sum_{h' \in s} \Pr(h')} \pi^{\sigma}(ha, z) u_i(z)$$

**Note:**  $\Pr(h) = \pi^{\sigma}(h)$  and  $\pi^{\sigma}(ha, z) = \pi^{\sigma}(h)\sigma(s, a)\pi_i^{\sigma}(z)$  where  $z$  is the continuation from  $ha$ .

**Simplify:**

$$q^{\sigma,i}(s, a) = \sum_{h,z \in Z(s,a)} \frac{\pi^{\sigma}(h)}{\sum_{h' \in s} \pi^{\sigma}(h')} \pi^{\sigma}(h)\sigma(s, a)\pi_i^{\sigma}(z) u_i(z)$$

# The Scaling Relationship: Derivation (3/4)

**Factor out reach probabilities:**

$$\pi^\sigma(h) = \pi_i^\sigma(h) \cdot \pi_{-i}^\sigma(h) = \pi_i^\sigma(s) \cdot \pi_{-i}^\sigma(h)$$

(using perfect recall:  $\pi_i^\sigma(h) = \pi_i^\sigma(s)$  for all  $h \in s$ )

**Substitute:**

$$\begin{aligned} q^{\sigma,i}(s, a) &= \sum_{h, z \in Z(s, a)} \frac{\pi_i^\sigma(s) \pi_{-i}^\sigma(h)}{\sum_{h' \in s} \pi_i^\sigma(s) \pi_{-i}^\sigma(h')} \pi_i^\sigma(s) \pi_{-i}^\sigma(h) \sigma(s, a) \pi_i^\sigma(z) u_i(z) \\ &= \sum_{h, z \in Z(s, a)} \frac{\pi_{-i}^\sigma(h)}{\sum_{h' \in s} \pi_{-i}^\sigma(h')} \pi_i^\sigma(s) \pi_{-i}^\sigma(h) \sigma(s, a) \pi_i^\sigma(z) u_i(z) \end{aligned}$$

**Cancel  $\pi_i^\sigma(s)$  terms.**

# The Scaling Relationship: Derivation (4/4)

**Define the Bayes normalizing constant:**

$$B_{-i}(\sigma, s) := \sum_{h \in s} \pi_{-i}^{\sigma}(h)$$

This is the total opponent reach probability to info set  $s$ .

**Final result:**

$$\begin{aligned} q^{\sigma, i}(s, a) &= \frac{1}{B_{-i}(\sigma, s)} \sum_{h, z \in Z(s, a)} \pi_{-i}^{\sigma}(h) \pi_i^{\sigma}(z) u_i(z) \\ &= \frac{v_i^c(\sigma, s, a)}{B_{-i}(\sigma, s)} \end{aligned}$$

**Similarly:**  $v^{\sigma, i}(s) = \frac{v_i^c(\sigma, s)}{B_{-i}(\sigma, s)}$

# The Key Result

## Theorem (Scaling Relationship, from [3])

*] For any policy  $\sigma$  and info set  $s$ :*

$$q^{\sigma,i}(s, a) = \frac{v_i^c(\sigma, s, a)}{B_{-i}(\sigma, s)}, \quad v^{\sigma,i}(s) = \frac{v_i^c(\sigma, s)}{B_{-i}(\sigma, s)}$$

*where  $B_{-i}(\sigma, s) = \sum_{h \in s} \pi_{-i}^\sigma(h)$  is the opponent reach probability.*

**Immediate corollary:**

$$\begin{aligned} a^{\sigma,i}(s, a) &= q^{\sigma,i}(s, a) - v^{\sigma,i}(s) \\ &= \frac{v_i^c(\sigma, s, a) - v_i^c(\sigma, s)}{B_{-i}(\sigma, s)} \\ &= \frac{r_i(\sigma, s, a)}{B_{-i}(\sigma, s)} \end{aligned}$$

**Actor-critic advantages are scaled counterfactual regrets!**

# Interpretation of the Scaling Factor

**What is  $B_{-i}(\sigma, s)$ ?**

- Sum of opponent reach probabilities over all histories in  $s$
- In single-agent settings:  $B_{-i}(\sigma, s) = 1$  (deterministic environment)
- In games: depends on how opponents play

**When are advantages regrets?**

- 1  $B_{-i}(\sigma, s) \approx 1$ : opponent reach is near uniform
- 2 Single-agent: exactly equal
- 3 Deterministic transitions: exactly equal
- 4 Frequently visited states:  $B_{-i}$  is stable

**Implication:** Actor-critics implicitly do regret minimization, scaled by opponent behavior [3]

# Example: Matching Pennies

**At Nash equilibrium:** Both players play (0.5, 0.5)

**For Player 1:**

- Both actions have same Q-value:  $q^\sigma(s, H) = q^\sigma(s, T) = 0$
- Value:  $v^\sigma(s) = 0$
- Advantage:  $a^\sigma(s, H) = a^\sigma(s, T) = 0$

**Counterfactual side:**

- $v_i^c(\sigma, s, H) = v_i^c(\sigma, s, T) = 0$  (zero-sum, symmetric)
- $r(H) = r(T) = 0$

**If P2 plays 70% Heads:**

- P1 should play more Heads:  $a^\sigma(s, H) > 0, r(H) > 0$
- Both frameworks detect the same signal!

# Policy Gradient Theorem (Standard Form)

**For maximizing  $J(\sigma_\theta) = v^{\sigma_\theta}(s_0)$ :**

$$\nabla_\theta J(\sigma_\theta) \propto \sum_s \mu(s) \sum_a \nabla_\theta \sigma_\theta(s, a) q^{\sigma_\theta}(s, a)$$

where  $\mu(s)$  is the on-policy state distribution.

**Baseline-reduced form (actor-critic):**

$$\nabla_\theta J(\sigma_\theta) \propto \sum_s \mu(s) \sum_a \nabla_\theta \sigma_\theta(s, a) (q^{\sigma_\theta}(s, a) - v^{\sigma_\theta}(s))$$

**But wait:** We just showed  $q - v = \text{scaled regret!}$



# Q-Based Policy Gradient (QPG)

**Rewrite using Q-based critic:**

$$\nabla_{\theta}^{\text{QPG}}(s) = \sum_a \nabla_{\theta} \sigma(s, a; \theta) \left[ q(s, a; w) - \sum_b \sigma(s, b; \theta) q(s, b; w) \right]$$

**Interpretation:**

- The term in brackets is the advantage:  $a^{\sigma}(s, a)$
- From our derivation:  $a^{\sigma}(s, a) = \frac{r(s, a)}{B_{-i}(s)}$
- So we're doing gradient ascent on scaled regret

**This is standard actor-critic with all-action enumeration [3]**

# Regret Policy Gradient (RPG)

**Motivation:** CFR uses *thresholded* cumulative regret:

$$\sigma^{t+1}(a|s) \propto \max \left( 0, \sum_{\tau=1}^t r_{\tau}(s, a) \right)$$

**RPG gradient [3]:**

$$\nabla_{\theta}^{\text{RPG}}(s) = - \sum_a \nabla_{\theta} \left[ q(s, a; w) - \sum_b \sigma(s, b; \theta) q(s, b; w) \right]^+$$

where  $(x)^+ = \max(0, x)$ .

**Key differences from QPG:**

- 1 Negative sign: gradient *descent* on regret (instead of ascent on value)
- 2 Thresholding: only positive advantages contribute
- 3 Minimizes upper bound on cumulative regret

# Regret Matching Policy Gradient (RMPG)

**Alternative inspired by regret-matching weighting:**

$$\nabla_{\theta}^{\text{RMPG}}(s) = \sum_a \nabla_{\theta} \sigma(s, a; \theta) \left[ q(s, a; w) - \sum_b \sigma(s, b; \theta) q(s, b; w) \right]^+$$

**Interpretation:**

- Weight policy gradient by thresholded advantage
- Actions with positive regret get positive weight
- Actions with negative regret get zero weight

**Trade-off:** Most direct connection to regret matching, but empirically can plateau [3]

# Relationship Between Variants

**Mathematical connection (Appendix F of [3]):** At equilibrium (when advantages are balanced):

$$\nabla_{\theta}^{\text{RPG}}(s) \propto \nabla_{\theta}^{\text{QPG}}(s)$$

Variant	Update Rule	Connection to CFR
QPG	Ascent on advantage	Scaled regret (no threshold)
RPG	Descent on thresholded advantage	Minimizes regret upper bound
RMPG	Weighted by thresholded advantage	Direct regret-matching analog

# Training Setup

## Architecture:

- Actor:  $\sigma_{\theta}(a|s)$  (softmax output)
- Critic:  $q_w(s, a)$  (outputs Q-value for each action)

## Training loop:

- 1 Generate trajectory via self-play using  $\sigma_{\theta}$
- 2 For  $N_q$  steps: update critic via TD or Monte Carlo

$$w \leftarrow w - \alpha_c \nabla_w \left( q_w(s, a) - \hat{G}_t \right)^2$$

- 3 Update actor using chosen gradient (QPG/RPG/RMPG)

$$\theta \leftarrow \theta + \alpha_a \nabla_{\theta}$$

**Key hyperparameters [3]:**  $N_q = 100$ -1000; learning rates annealed; entropy regularization

# Convergence: Tabular Case

## Theorem (Theorem 1 from [3])

*, simplified] In two-player zero-sum games with tabular policies, if:*

- *Learning rate:  $\alpha_{s,k} = k^{-1/2} \pi_i^\sigma(s) B_{-i}(\sigma, s)$  at iteration  $k$*
- *Policy parameters projected to simplex*
- *All policies have positive support:  $\sigma_\theta(a|s) > 0$*

*Then projected actor-critic policy iteration has regret:*

$$R_i^K \leq \frac{\sqrt{|S_i|}}{\pi_i^{\min}} \sqrt{K} + O(\sqrt{K})$$

**This is  $O(1/\sqrt{K})$  convergence—same rate as CFR!**

# Understanding the Learning Rate

**Required learning rate:**  $\alpha_{s,k} = k^{-1/2} \pi_i^\sigma(s) B_{-i}(\sigma, s)$

**Two components:**

- ①  $k^{-1/2}$ : standard decreasing rate for stochastic optimization
- ②  $\pi_i^\sigma(s) B_{-i}(\sigma, s)$ : frequency-dependent scaling

**Why this form?**

- $\pi_i^\sigma(s)$ : how often player  $i$  reaches  $s$
- $B_{-i}(\sigma, s)$ : scaling factor from our derivation
- Product: effective sampling frequency of  $(s, a)$  pairs

**In practice:** Use global annealed rate; on-policy sampling provides implicit weighting [3]

# State-Local Gradients (Stronger Result)

## Theorem (Theorem 2 from [3])

*] Using state-local objectives:*

$$\frac{\partial}{\partial \theta_{s,a}} J^{PG}(\sigma_\theta, s) = \frac{\partial v^{\sigma_\theta, i}(s)}{\partial \theta_{s,a}}$$

*with learning rate  $\alpha_k = k^{-1/2}$ , regret bound improves to:*

$$R_i^K \leq \sqrt{|S_i|} \sqrt{K} + O(\sqrt{K})$$

*(no dependence on  $\pi_i^{\min}$ )*

**Intuition:** Update each state's parameters based only on local value, not global objective

**Trade-off:** Stronger guarantee but requires tabular parameterization [3]



# Function Approximation: The Gap

**Challenge:** Convergence theorems assume tabular policies.

**With neural networks:**

- No theoretical Nash guarantee
- Q-function approximation introduces bias
- Generalization can help or hurt
- Rare states may never be visited

**Empirical observation [3]:**

- RPG/QPG converge to low exploitability in practice
- Performance comparable to or better than NFSP
- Current policy often beats NFSP's average policy

**Open question:** Can we derive probabilistic bounds for the sampled, function-approximation case?

# Proof Sketch: Why It Works

## Key steps in convergence proof [3]:

- ➊ **Regret decomposition:** Show actor-critic updates minimize a regret-like quantity

$$\text{advantage} = \frac{\text{regret}}{B_{-i}(s)}$$

- ➋ **Projection analysis:** Projecting to simplex maintains regret bounds
- ➌ **Variance control:** Learning rate schedule balances bias-variance
- ➍ **Martingale argument:** Stochastic updates converge in expectation
- ➎ **No-regret property:** Average policy converges to Nash

**Critical assumption:** Tabular + exact Q-values (or consistent estimates) [3]

# Domains: Kuhn and Leduc Poker

## Kuhn Poker:

- 3-card deck (J, Q, K); 2 or 3 players
- One betting round: Check/Bet, Fold/Call
- Simple but requires mixed strategies

## Leduc Poker:

- 2-suit deck (6 cards for 2-player)
- Two betting rounds; public card after first
- Bet limits: 2 chips (round 1), 4 chips (round 2)
- Standard benchmark for multiagent RL [3]

## Evaluation metric:

$$\text{NASH CONV}(\sigma) = \sum_i \left( \max_{\sigma'_i} \mathbb{E}_{\sigma'_i, \sigma_{-i}}[G_{0,i}] - \mathbb{E}_{\sigma}[G_{0,i}] \right)$$

Measures exploitability (distance from Nash)

## 2-Player Leduc: Convergence

### Results from [3]:

- **Short-term:** NFSP converges faster initially
- **Long-term:** RPG and QPG reach similar or lower NashConv
- **RMPG:** Tends to plateau at higher exploitability
- **A2C baseline:** Much slower (lacks regret structure)

### Typical final NashConv after 20M steps:

- NFSP:  $\sim 0.5$
- QPG:  $\sim 0.4$
- RPG:  $\sim 0.4$
- A2C:  $\sim 1.5$

**Conclusion:** RPG/QPG competitive with NFSP using simpler architecture [3]

# Performance vs. Fixed Opponents

**Test:** Evaluate learned policies vs. CFR500 (CFR with 500 iterations)

**Results from [3]:**

- **RPG:** Positive expected reward; beats CFR500 consistently
- **QPG:** Similar to RPG
- **NFSP:** Lower reward; average policy more conservative
- **A2C:** Negative reward; fails to learn robust strategies

**Interpretation:**

- RPG's *current* policy is stronger than NFSP's *average* policy against fixed bots
- On-policy learning produces more exploitative (but still robust) strategies

**Caveat:** Current policy may be more exploitable by adaptive opponents

## 3-Player Results

**Challenge:** No Nash guarantee for  $n > 2$  player games

**Findings [3]:**

- RPG/QPG still converge to low exploitability
- NFSP also works but with higher variance
- No formal guarantees, but empirically effective

**Open question:** Can regret-based framework extend to  $n$ -player general-sum with guarantees?

# Implementation Details

From [3]:

- **Architecture:** 2 FC layers, 128 units, ReLU
- **Optimizers:** Adam for both networks
- **Learning rates:**
  - Critic: fixed  $10^{-3}$
  - Actor: annealed from  $10^{-3}$  to 0
- **Critic updates per policy update:**  $N_q = 100-1000$
- **Reward normalization:** Z-score (streaming)
- **Temperature annealing:**  $\tau : 1 \rightarrow 0$  over 1M steps
- **Entropy regularization:**  $\beta = 10^{-3}-10^{-2}$

# Why RPG Works in Practice

**Despite lack of guarantees with function approximation:**

- ① **On-policy sampling:** Implicitly weights states by  $\pi_i^\sigma(s)B_{-i}(s)$
- ② **Q-network generalization:** Captures advantage patterns across similar states
- ③ **Regret structure:** Thresholding prevents runaway updates
- ④ **Entropy regularization:** Maintains exploration
- ⑤ **Multiple critic updates:** Reduces Q-function bias

**Key insight:** Don't need perfect regret estimates—just need to capture important strategic patterns [3]



# Comparison: RPG vs. Deep CFR vs. NFSP

Property	RPG	Deep CFR	NFSP
On/off-policy	On-policy	Off-policy	Off-policy
Replay buffer	No	Yes (2)	Yes (2)
Theoretical guarantee	Tabular only	None	None
Regret connection	Explicit	Explicit	Implicit
Best response	Implicit	None	Explicit (DQN)
Implementation	Simple	Complex	Moderate
Convergence	$O(1/\sqrt{K})$ (tabular)	Empirical	Empirical

**RPG sweet spot:** Theoretical grounding + practical simplicity [3]

# The Mathematical Journey

① **Problem:** Policy gradients cycle in games (non-stationarity)

② **Key insight:** Derive scaling relationship

$$q^\sigma(s, a) - v^\sigma(s) = \frac{r(s, a)}{B_{-i}(s)}$$

③ **Implication:** Actor-critics minimize scaled regret

④ **Algorithm:** Design RPG variants inspired by CFR's regret matching

⑤ **Theory:** Prove  $O(1/\sqrt{K})$  convergence (tabular case)

⑥ **Practice:** Empirically effective with function approximation

# Key Takeaways

- ➊ **Mathematical connection:** Advantages = scaled regrets (exact relationship) [3]
- ➋ **Algorithm design:** RPG inherits CFR's convergence properties (in tabular case)
- ➌ **Practical advantage:** On-policy, model-free, simpler than alternatives
- ➍ **Empirical success:** Competitive with NFSP in benchmark domains
- ➎ **Open problem:** Extend guarantees to function approximation setting

**Big picture:** RPG demonstrates that regret minimization and policy gradients are fundamentally connected through the Bayes normalization constant [3]

- [3] Srinivasan, S., Lanctot, M., et al. (2018). *Actor-Critic Policy Optimization in Partially Observable Multiagent Environments*. NeurIPS 2018.
- Zinkevich, M., et al. (2007). *Regret Minimization in Games with Incomplete Information*. NIPS (CFR).
- Heinrich, J., & Silver, D. (2016). *Deep Reinforcement Learning from Self-Play in Imperfect-Information Games* (NFSP).
- Brown, N., et al. (2019). *Deep Counterfactual Regret Minimization*. ICML.
- Sutton, R., & Barto, A. (2018). *Reinforcement Learning: An Introduction* (2nd ed.). MIT Press.

## Code:

- OpenSpiel: [https://github.com/deepmind/open\\_spiel](https://github.com/deepmind/open_spiel)

# Thank you!

Questions?